Central Maine Freshman Track Championship

Tuesday, May 29, 2012, 3:30 p.m. at Bowdoin College, Whittier Field, Pine Street, Brunswick.

To compete in this meet, each school must have its insurance provider send Bowdoin College a Proof of Liability Insurance naming Bowdoin College as an additional insured. Please see the memo from Lynn Ruddy, Associate Bowdoin Athletic Director. See Ruddy memo.

Commemorative shirts will be available at the meet. The shirts are separate from meet administration, but will provide a donation to the meet if profitable.

Note entry instructions!

Meet entry will be through the use of <u>Team Manager</u>. (Same software as Entry to State Meet), please e-mail your entries in that format. E-mail your entries to Dave Watson, e-mail address:

wdwatson1@comcast.net.

Once this is completed, please call Mr. Watson to confirm that it has arrived. Once meet entry has been made, Mr. Watson will return via e-mail your team's entry list for confirmation. Telephone 443-6171 of mobile 751-0945. There is no fax available.

No post entries. Entries received on Tuesday, May 29, are out of

No post entries. Entries received on Tuesday, May 29, are out of luck. Rain date is Wednesday, May 30. In case of bad weather, the decision to postpone the meet will be made at 12:00 p.m. on Tuesday, May 29, by Dave Watson. If in doubt, call 443-6171. You may e-mail Mr. Watson at wdwatsonl@comcast.net. If we have a postponement, we may have to time the old fashioned way, as the rest of the week is committed for the automatic timing machines.

This meet is under continuing sanction by the MPA as part of the Central Maine Junior High School Track Championship program.

The league fee schedule is \$35.00 for one team (boys or girls) entered, and \$60.00 for two teams (boys and girls) entered. You may send the league fee with the entry form, or send it to Steve Ross, CMFTC Secretary, 162 Deering Ridge Road, East Waterboro, Maine 04030, telephone 207-247-2049, or hand carry it with you and give it to Mr. Ross. Make League Fee payable to "CMFTC".

For Teams which have **fewer** than **six** individuals entered, the fee is **\$6.00** for **each individual** entered. A school entry form (enclosed) is required.

The facility is provided at a very favorable rate, which depends upon it being as clean after the meet as before. Members of each team must **pick up** any trash before leaving the site. Help us stay at Bowdoin.

The starting height for girls pole vault will be 5 feet, and 7 feet for boys. The pole vaults will be run concurrently, i.e. when the girls get to 7 feet any boys who wish to start at that height will vault with the remaining girls. The high jump will also be run concurrently, starting at 4 feet for girls, and 5 feet for boys. Each school is **required** to run one **field event**, and provide the officials and assume the expense, if any, and a measuring device to run the event. Since there are about twice as many schools as there are field events, schools will be doubled up to facilitate

[Continue instructions on reverse]

efficiency. Knowledgeable parents and high school juniors and seniors are acceptable as officials. A form has been provided for you to list your chief official and event officiating preference on. The meet director will attempt to contact the athletic director to confirm the event each school will be responsible for.

Please have your athletes come changed up. Toilets will be available. Proper behavior is the responsibility of the representatives of the participating schools.

The use of electronci equipment or any type of noise maker will be prohibited during the meet. The throwing of footballs, frisbees and other distracting devices will be prohibited during the meet. There will be no practicing after the conclusion of a field event. Each team is responsible for picking up trash in its staging area.

Enclosed please find the following items:

1 order of events - schedule of events - rules of competition 2 team entry forms - Girls and Boys (For your use - NOT ENTRY) Give copy with signatures to Steve Ross. Meet Secretary, Asst. Meet Director, at beginning of meet.

1 official provided - coaches information sheet

1 information sheet-you are reading it.

1 Additional Insured memo from Bowdoin College

Meet records, last year's results and winning schools over the years will be sent under separate cover.

Do **NOT** forward any entry to W. David Watson, other than via Team Manager, as you would for State Meet Entry. If you are having a problem, call Mr. Watson at 207-443-6171 or 751-0945 or e-mail to wdwatson1@comcast.net.

Note: Only scratches will be accepted on the day of the meet. No event changes or additions to events will be accepted.

CMF Track Championship C/O W. David Watson Meet Director 488 Old Bath Road Brunswick, Maine 04011

Questions about entries? Contact W. David Watson at 443-6171 or 751 -0945. Fees or history of the meet? Contact Steve Ross at 247-2049

Note: Bowdoin College requires that all schools sending athletes must have on file with Bowdoin a Proof of Liability Insurance certificate, which must list Bowdoin College as an "additional insured." See the memo from Bowdoin College enclosed. Athletic Directors, business managers and principals are very familiar with this process. Students from schools which have not met this requirement will be denied participation.

W. David Watson, Meet Director Dustin Williamson, Asst. Director Tony Myatt, Treasurer Steve N. Ross, Secretary & Founder